Tyania M.
COUNSELING & COACHING

The Parable of the Waterfall

A group of people is standing at the bottom of a waterfall when they see a baby coming down over the edge, carried by the powerful rush of water. Without hesitation, they move quickly into the pool below, gather the baby, and bring them to safety with care and compassion.

Soon, another baby comes down, and then another. The group keeps responding, again and again, doing their best to catch and care for each baby in the pool below. Over time, they begin to ask a deeper question: What is happening above the waterfall? What is going on at the top, and how can we prevent more babies from continuing to come over the edge?



Where in your life are you focused on urgent rescue, and what might it look like to explore the source?



Healing involves both immediate care and a deeper understanding of what keeps the pain repeating.